Too much stuff? Here's a way to declutter!

To declutter and spring clean, here's what you need:

- 1. cardboard boxes or plastic totes
- 2. trash bag(s)
- 3. marker and masking tape or labels

1. BOXES

Start with 5-10 good sized cardboard boxes or plastic totes Use large boxes that you will be able to lift and that will fit into your vehicle. If you have a small trunk, use small boxes.

2. LABELS

Next, label your boxes

- Return (for items that you've borrowed and need to return)
- o **Donate** (for items you will be giving away to someone else or to charity)
- Sell (for items you will sell online or at a garage sale)
- Keep/Move (for items you are keeping but need to be moved to a different room)
- Toss (for garbage)

Sort through everything in your room and add items to the appropriate boxes. When your room is clear of clutter, take a bucket of soapy water (or wipes) and wipe down everything and wash the floors or vacuum.

Take the **Donate** and **Return** boxes to your car. You will deal with these items as you go about your day's errands. Dump the **Toss** box into garbage bags and put it with your garbage or arrange for a dump run.

You still have to deal with the **Keep/Move** and **Sell** boxes. Go around your house and put away everything in the **Keep/Move** box into its rightful places.

The last box is the **Sell** box. Take pictures of everything and post them to the community Buy/Sell pages on facebook, or post them on Craigslist or put them in storage for your next garage sale.

I hope that you will try this method of decluttering your house. It really works!

