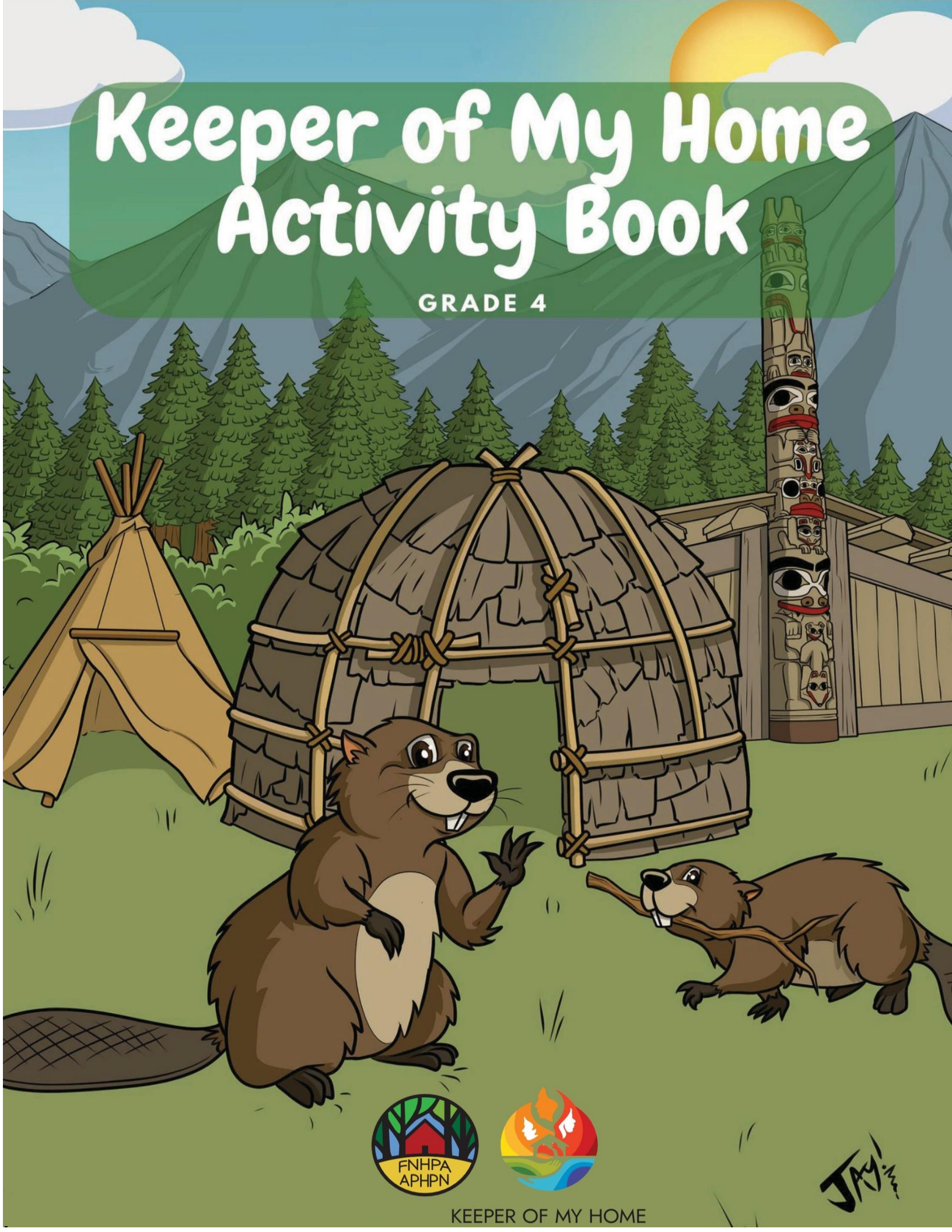


Keeper of My Home Activity Book

GRADE 4



JAY!



Acknowledgment

The First Nations Housing Professionals Association (FNHPA) is excited to bring you the Keeper of My Home activity books. This collection of books is based on the Keeper of My Home educational resource curriculum that was developed by First Nation housing and education experts, authors, artists and community members.

FNHPA would like to acknowledge and thank Canada Mortgage and Housing Corporation and the steering committee for developing the Keeper of My Home program. Candace Bennett, the Executive Director of the First Nations Housing Professionals Association, for giving us the opportunity to produce this project. Brooke Duggan, the Housing and Wellness Program Coordinator, for creating content for the books. Also, we'd like to express our thanks to Jay Odjick for doing the beautiful illustrations.

Facilitators Guide

Keeper of My Home is a free educational resource that works towards improving awareness of First Nation housing, health, and safety by teaching children and young people about caring for a home. The delivery of the program is centred around four main themes:

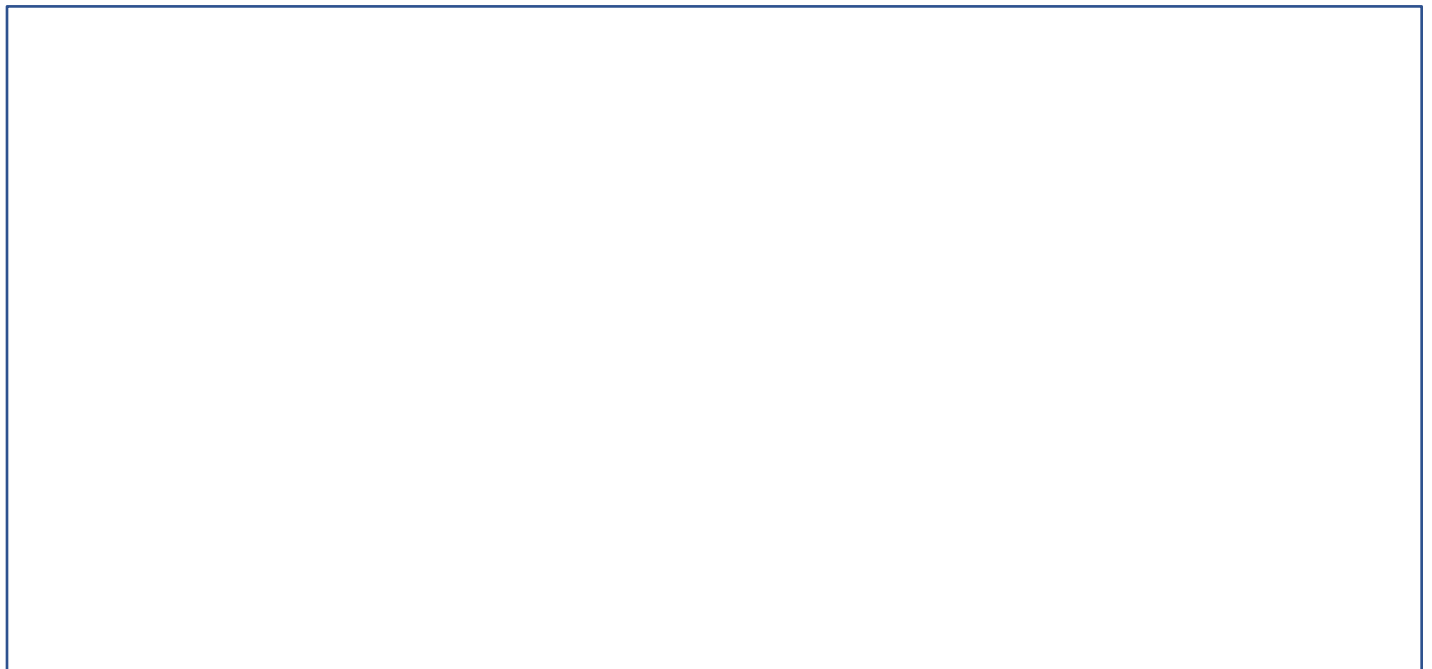
- Traditional Teaching of the Community
- First Nation Housing Topics
- Home Maintenance
- Home Safety

Each theme has a learning objective designed explicitly for the grade level and aligns with provincial/territorial requirements. The curriculum includes classroom content and e-learning games that were created for teachers to deliver to students of all grades. By creating an activity book, we can further educate the students on the several topics within each theme in a fun and creative way.

In this activity book, you will cover four housing topics: the traditional teaching of home responsibility, creating a housing needs plan, home maintenance, and how mould affects our health. These activities will help you teach youth about the importance of caring for a home.

Activity: Drawing

In the boxes below, draw two traditional First Nations homes of your choice. Identify some of the key characteristics as well as what First Nation groups traditionally resided in these types of homes.



Activity: Housing Concerns

In the box below, list two common housing concerns and write out how you could address these issues.

Activity: Home Maintenance Checklist

Think of your home, and based on this checklist, what do you think is good and what needs attention?

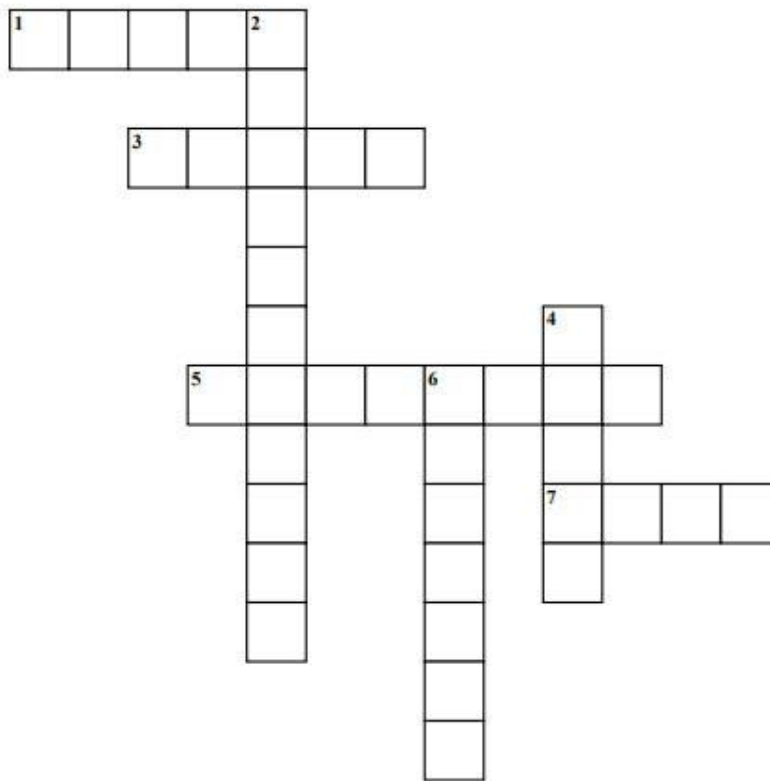
HOME MAINTENANCE CHECKLIST

Home Maintenance Check Areas	Good	Needs Attention
EXTERIOR CHECKLIST		
Foundations		
Siding		
Exterior paint		
Doors and weatherstripping		
Downspouts		
Vent hoods		
Soffits		
INTERIOR CHECKLIST		
Fridge and door gasket coils		
Range hood filters and flaps		
Appliance cleaning		
Faucets and pipes		
Crawl spaces		
Interior paint and dry wall		
Windows		
Mould problems		
Smoke alarm		
Bathroom caulking		
Toilets		

Activity: Home Maintenance Crossword

Solve the clues and put the correct answers in the boxes!

Home Maintenance



Across

- [1] We need to make sure that the smoke _____ works in case there is a fire.
- [3] If there is a chip in the _____, we need to do a touch-up.
- [5] When doing checks, we need to check the _____ and the exterior.
- [7] We need to check the pipes in case there is a _____.

Down

- [2] Regular home _____ checks should be done.
- [4] _____ is an organism that grows in homes that have high moisture levels.
- [6] _____ must be done to anything that needs fixing.

Activity: Word Search

Locate the given words in the grid.

ALLERGIES
MOULD

MOISTURE
SPORE

SAFETY
HARMFUL

DANGEROUS
ORGANISM

V	X	S	M	S	L	N	O	A	L	L	E	R	G	I	E	S	W
H	E	S	S	Q	N	C	J	V	D	C	O	H	Z	C	Q	Y	Y
A	A	J	P	S	D	S	A	F	E	T	Y	C	H	C	P	H	Q
R	O	W	H	O	M	A	J	K	X	G	E	H	V	G	K	G	H
M	X	R	V	Q	R	O	N	A	A	O	Y	E	R	R	H	N	A
F	N	M	G	L	U	E	I	G	B	S	Q	Y	C	S	T	C	I
U	P	D	D	A	V	Y	C	S	E	C	P	M	D	N	V	O	W
L	L	Q	B	Z	N	Z	M	F	T	R	B	H	O	G	Y	O	U
E	N	S	G	U	M	I	Y	H	M	U	O	B	B	U	Z	U	J
N	W	T	V	F	Q	X	S	Z	J	N	R	U	W	W	L	C	X
U	A	Q	E	Z	A	H	H	M	A	S	I	E	S	J	J	D	R
B	X	N	U	N	B	I	S	J	D	A	P	R	J	K	O	W	H

Activity: Mould in Houses

Read the following statements about mould in houses and decide whether they are true or false (T/F).

1. Studies have shown that mould may be a major factor in asthma.

2. Mould and its spores can trigger allergic reactions. _____

3. Mould does not grow in homes that have high moisture levels.

4. Some kinds of mould, and the organic compounds they produce, can make you more vulnerable to a wide variety of health problems.

5. Mould is a microscopic organism that lives on plants or animal matter. _____

6. You should never be concerned about mould in your home. _____

List some common sources of moisture in your home that would cause mould.

- | | |
|----|----|
| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

Activity: Word and Definition Matching

Match each word with its correct definition.

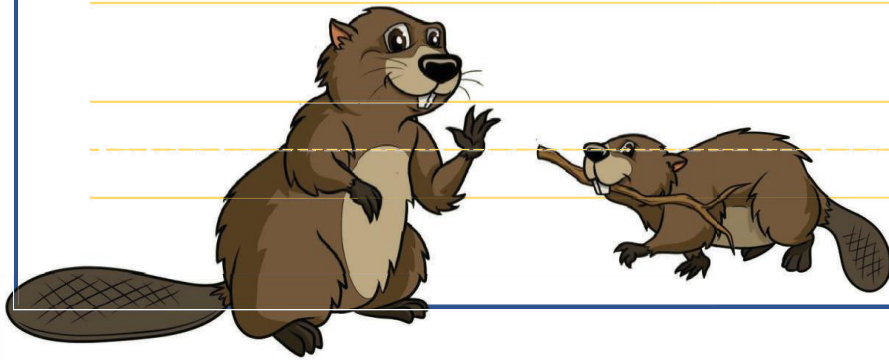
1. A type of fungi that grows in areas with a lot of humidity.
2. A liquid diffused or condensed in relatively small quantities.
3. An immune response by the body to a substance to which it has become hypersensitive.
4. A respiratory condition that causes difficulty breathing.
5. A substance that pollutes something such as the atmosphere.
6. The provision of fresh air to a room.
7. A tiny multi-cellular organism that travels through the air.
8. A group of living organisms that are classified in their own kingdom (are not animals, plants, or bacteria) and cannot make their own food using sunlight in the way that plants do.

Word Bank

Asthma	Spore	Fungi	Rot
Algae	Pollutant	Mould	Pollen
Moisture	Allergies	Ventilation	Pollution

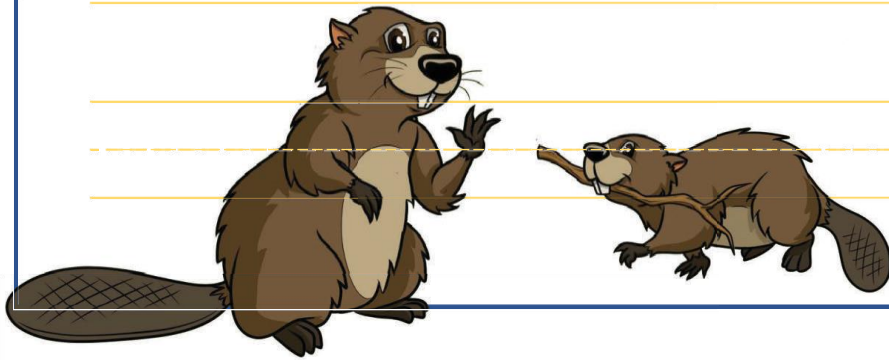
NOTES

Handwriting practice area with multiple sets of horizontal lines. Each set consists of a solid top line, a dashed middle line, and a solid bottom line.



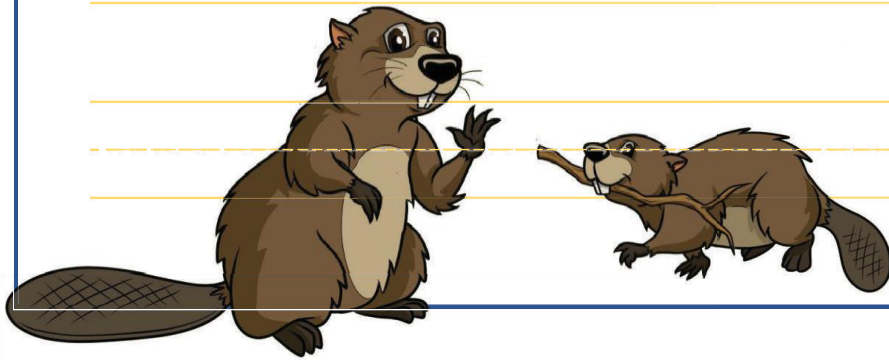
NOTES

Handwriting practice area with multiple sets of three horizontal lines (top solid, middle dashed, bottom solid) for text entry.



NOTES

Handwriting practice area with multiple sets of horizontal lines. Each set consists of a solid top line, a dashed middle line, and a solid bottom line.







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