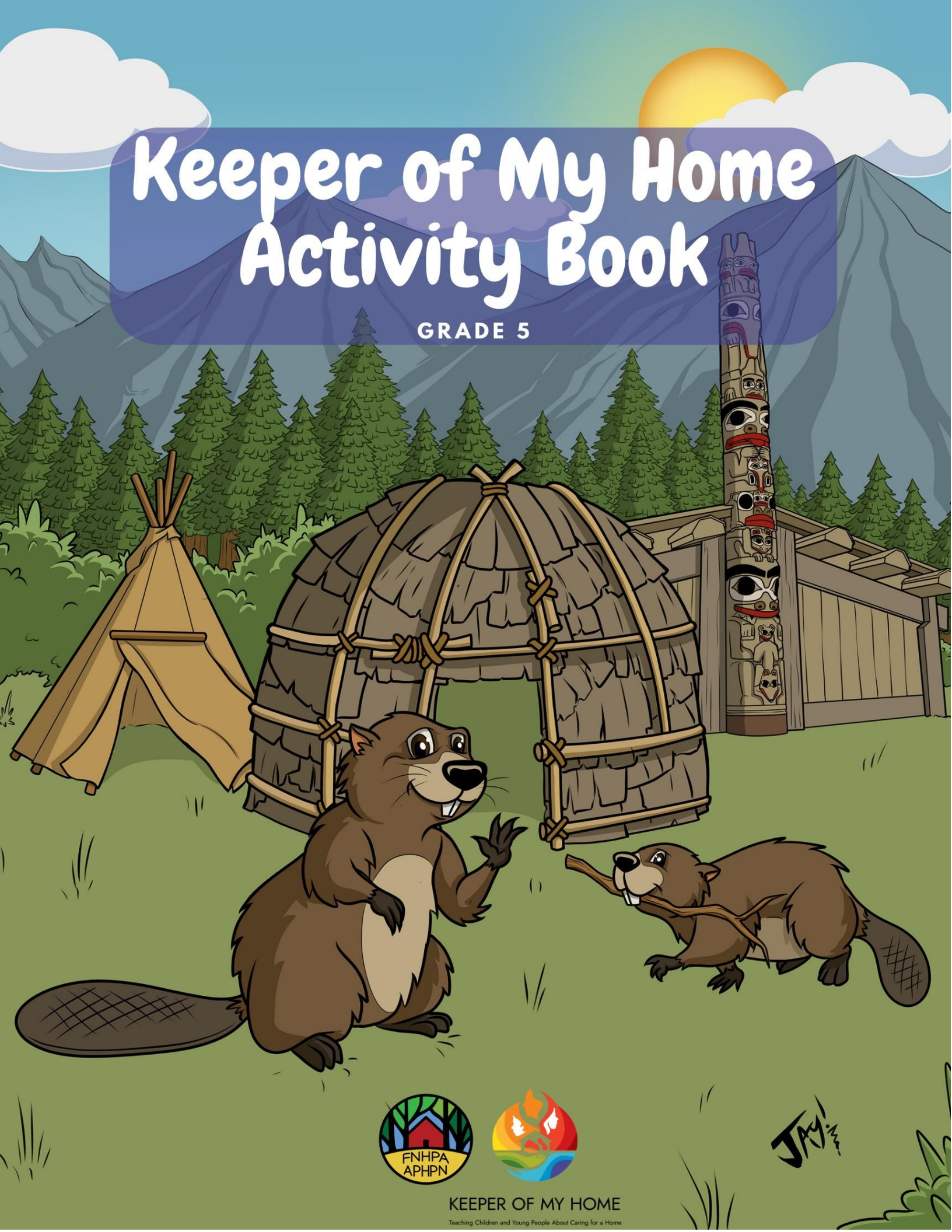


Keeper of My Home Activity Book

GRADE 5



Jay!

KEEPER OF MY HOME

Teaching Children and Young People About Caring for a Home



Acknowledgment

The First Nations Housing Professionals Association (FNHPA) is excited to bring you the Keeper of My Home activity books. This collection of books is based on the Keeper of My Home educational resource curriculum that was developed by First Nation housing and education experts, authors, artists and community members.

FNHPA would like to acknowledge and thank Canada Mortgage and Housing Corporation and the steering committee for developing the Keeper of My Home program. Candace Bennett, the Executive Director of the First Nations Housing Professionals Association, for giving us the opportunity to produce this project. Brooke Duggan, the Housing and Wellness Program Coordinator, for creating content for the books. Also, we'd like to express our thanks to Jay Odjick for doing the beautiful illustrations.

Facilitators Guide

Keeper of My Home is a free educational resource that works towards improving awareness of First Nation housing, health, and safety by teaching children and young people about caring for a home. The delivery of the program is centred around four main themes:

- Traditional Teaching of the Community
- First Nation Housing Topics
- Home Maintenance
- Home Safety

Each theme has a learning objective designed explicitly for the grade level and aligns with provincial/territorial requirements. The curriculum includes classroom content and e-learning games that were created for teachers to deliver to students of all grades. By creating an activity book, we can further educate the students on the several topics within each theme in a fun and creative way.

In this activity book, you will cover four housing topics: the traditional teaching of home responsibility, taking care of your home, home maintenance and how to address mould in your home. These activities will help you teach youth about the importance of caring for a home.

Activity: Word Search

Locate the given words in the grid.

COMMUNITY
HOME
KNOWLEDGE

PRIDE
RESPECT
TRADITIONAL

VALUES
SHARING
ELDER

Q	E	B	D	T	A	T	Y	F	A	P	M	U	B	N	W	P	D
E	E	Q	K	M	R	Z	S	P	L	J	R	Y	E	J	N	X	D
L	M	A	F	U	C	A	S	R	M	M	O	I	E	N	G	O	S
D	W	T	U	W	O	Z	D	H	E	V	T	W	D	O	F	M	R
E	C	M	Z	A	M	N	P	I	A	B	A	V	G	E	D	C	E
R	W	G	R	H	M	S	B	E	T	R	E	L	U	O	G	W	S
G	U	T	S	Z	U	J	R	Q	B	I	I	H	U	U	T	C	P
L	H	N	M	M	N	I	K	V	B	B	O	N	X	E	D	X	E
L	O	Q	V	N	I	N	A	W	F	K	V	N	G	N	S	A	C
X	M	S	V	H	T	T	F	Y	O	G	V	B	A	K	K	K	T
B	E	P	V	J	Y	C	W	T	Y	S	E	D	X	L	M	X	Z
K	R	Z	J	K	N	O	W	L	E	D	G	E	W	T	P	K	G

Activity: Informational Poster

Create your own informational poster about the traditional teaching of home responsibility. Be sure to include the following on your poster:

- A traditional teaching of home responsibility
- Colour, picture(s), and text
- Title
- Name of the nation/community
- Name of the Elder or Traditional Knowledge Keeper
- Your name and grade

Activity: Drawing

In the box below, draw a picture of your dream home and describe all the features that make it special.

A large, empty rectangular box with a thin blue border, intended for a student to draw their dream home and describe its features. The box occupies the majority of the lower half of the page.

Activity: Safety Plan

After you have drawn out your dream home, you can create the safety plans. This could be a fire escape plan, a home maintenance checklist, an action plan to improve air quality and avoid mold, etc.

A large, empty rectangular box with a thin blue border, occupying the lower two-thirds of the page. It is intended for students to draw or write their safety plans.

Activity: Home Maintenance Plan

Think of your home, and based on this checklist, what do you think is good and what needs attention?

HOME MAINTENANCE CHECKLIST

Home Maintenance Check Areas	Good	Needs Attention
EXTERIOR CHECKLIST		
Foundations		
Siding		
Exterior paint		
Doors and weatherstripping		
Downspouts		
Vent hoods		
Soffits		
INTERIOR CHECKLIST		
Fridge and door gasket coils		
Range hood filters and flaps		
Appliance cleaning		
Faucets and pipes		
Crawl spaces		
Interior paint and dry wall		
Windows		
Mould problems		
Smoke alarm		
Bathroom caulking		
Toilets		

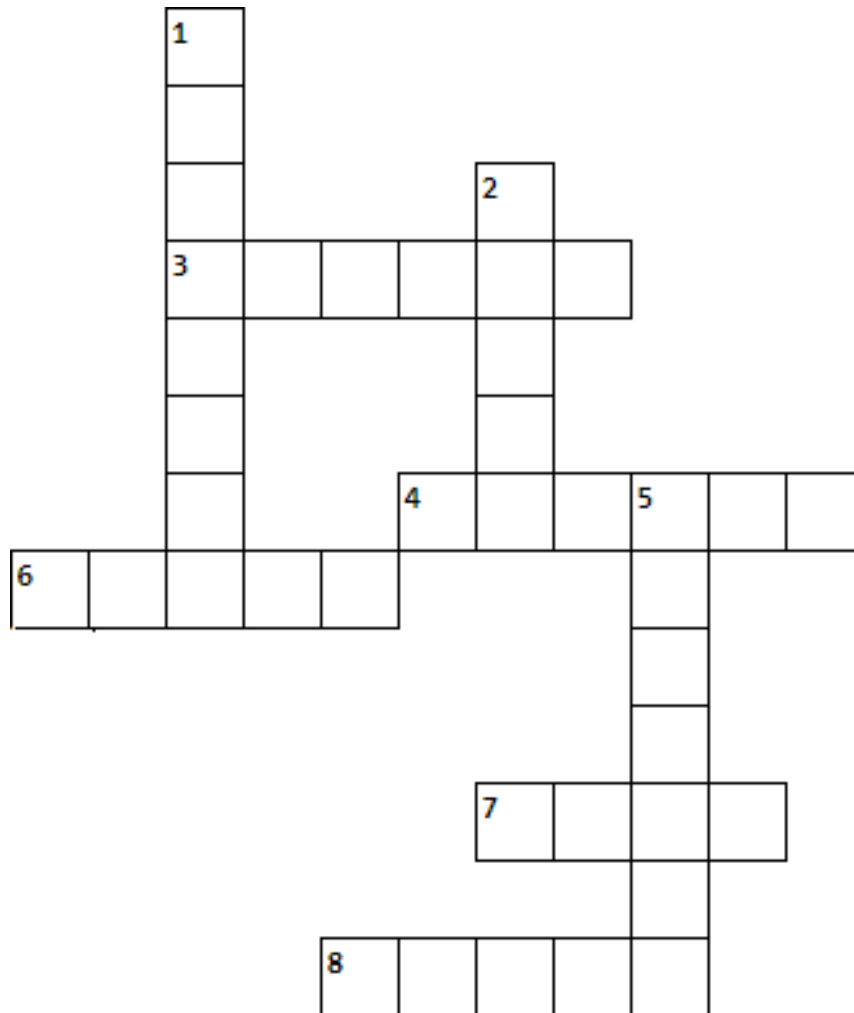
Activity: Home Maintenance Action Plan

Once you have gone through the checklist, make an at home action plan to address the maintenance issues that you think require attention.

Maintenance Plan	How Much Will It Cost?	Who Will Do the Maintenance?	Date for Completion
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			

Activity: Crossword

Solve the clues and put the correct answers in the boxes.



Across

3. Mould can cause respiratory illnesses such as _____.
4. To improve indoor air quality, we can _____ the sources of pollutants.
6. Moisture in the home can come from _____ from the shower or bath.
7. _____ indoor air means fewer pollutants in the air.
8. Good indoor air is easy to breathe and has no _____.

Down

1. Mould can have a _____ effect on our health.
2. Cigarette _____ is an example of an occupant lifestyle that affects indoor air quality.
5. Car exhaust is an example of an _____ pollutant.

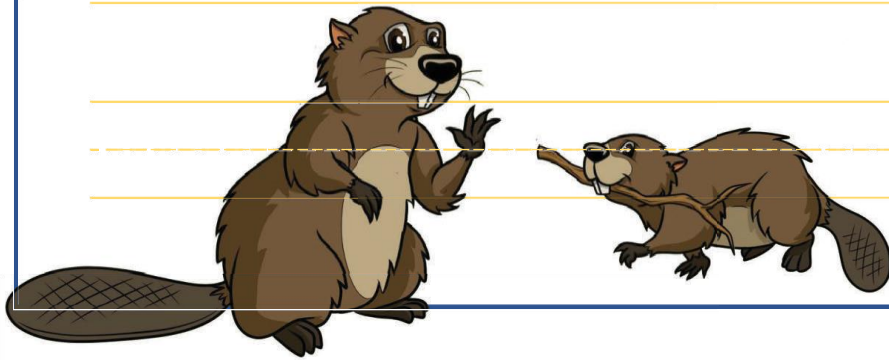
Activity: Drawing

In the box below, draw two common causes of mould and then write down two ways we can improve indoor air quality.

A large, empty rectangular box with a thin blue border, intended for a drawing and written responses. The box is currently blank.

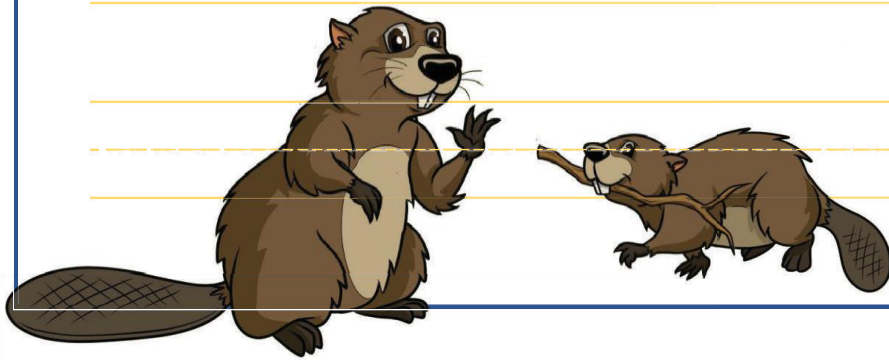
NOTES

Handwriting practice area with multiple sets of horizontal lines. Each set consists of a solid top line, a dashed middle line, and a solid bottom line.



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First Nations Housing Professionals Association
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